

Please find below some more information about our fully-funded first aid sessions within your area.

Our adult education team work with organisations and community groups in Leicester, Leicestershire and Coventry to support people that are facing higher risks of needing first aid in particular crises, including:

- Older people at risk of slips, trips and falls
- People living with issues around drug and alcohol usage
- People who are homeless or rough sleepers and at risk of injury or sudden illness

Our sessions have had all of the technical/clinical language removed to ensure that it is easy to learn and therefore easy to remember in an emergency situation. Each session is designed to meet learners' needs and is tailored to the environment the learner will be in.

What can you expect from our first aid session?

- > Effective, easy to learn first aid education in a relaxed and informal style.
- > Provide relevant first aid skills tailored to the needs of the group.
- > Break down the barriers to helping others.
- > Build the confidence and willingness to help in a first aid emergency.
- > Typically last 2 hours, but flexible depending on number of skills taught.
- > Participants will receive a pack that covers the skills learned and will be awarded a certificate of learning upon completion.
- > Delivered by experienced Red Cross trained educators.
- > Delivered at your venue.
- > Fully funded – there is no cost to you.

We look forward to working with you.

Kind regards,

Clare

Clare King

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